



PRE-EMPTIVE STRIKE:

A hostile subject (left) begins arguing with Jim Wagner, causing Wagner to keep his distance (1). The man announces that he's going to attack, then reaches into his pocket (2). Believing that he's retrieving a weapon, Wagner darts forward and applies pressure to the pocket and the wrist to prevent him from pulling anything out (3). The defender then drives his knee into the man's groin (4) and shoves him to the ground (5-6). Wagner can't use deadly force because he hasn't seen a weapon and the attacker didn't issue a threat such as "I'm going to shoot you!" or "I'm going to cut you up!"

from your throat. If that means grabbing the blade, so be it. You can afford to lose a finger or two, but even a nick on one of the arteries in your neck can kill you. Next, turn toward the weapon hand and step away. Run. ✖

(The secrets to surviving 10 more street threats will be revealed in the March 2008 issue of Black Belt.)

About the author:
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